NZL SWIM

PHOENIX AQUATICS

RACE DAY

SUNDAY 1ST NOVEMBER

Open to all members of Advanced classes and ALL SQUADS

- An exciting introduction to racing in a low-pressure environment.
- Races from 1 length depending on age & level.
- Events on all strokes across a series of “mini meets” spread over each term.
- Great opportunity to see how our club progresses across junior levels & ages.

EVENT PROGRAMME

Exhibition Relay - National Squad Swimmers

1.	Group 1	1L Fr
2.	Group 2	2L Fly
3.	Group 3	4L IM
4.	Group 1	2L Bk
5.	Group 2	4L IM
6.	Group 3	2L Fly
7.	Group 1	1L Bk
8.	Group 2	3L Fr
9.	Group 3	3L Fr

GROUPS

1. Advanced & Minnows
2. Junior Phoenix/Rising Stars
3. Aqua Stars/National Squad 14/u

WARM UP

Group 3: 8:30 – 8:50am
Groups 1 & 2: 8:50 – 9:10am
Racing will start 9:15am
– finish approximately 11:30am

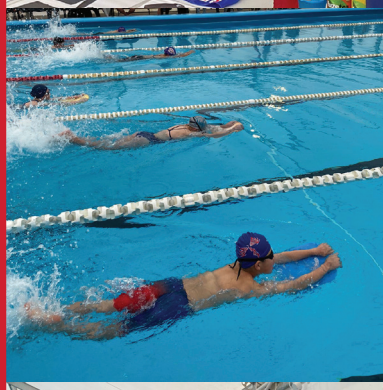
ENTRY FEE
$15 per swimmer
(includes spectator admission + 2 general raffle tickets)

ALL CLUB registered swimmers should enter through the FAST LANE portal on the Swimming NZ website.

LEARN TO SWIM & MINNOWS swimmers should give cash to Bridget sealed in a named envelope.

- **FOOD STALLS**
- **BBQ**
- **GRAND PRIZE RAFFLE DRAW (Tickets purchased on the day).**

Please bring cash where possible.

Parents will be required to assist with time keeping and marshalling.

Swimmers should bring warm clothing, footwear and a spare towel to keep warm and dry between races.